Every recipe is tagged with a set of Ratings which you can add to, delete, and/or set to a particular value or range of values to indicate your evaluation of the recipe in terms of "Sweetness," "Kid Appeal," "Spicy Hotness," and more. It's all just a matter of editing the Ratings part of the recipe:

First, bring up the recipe you want to rate: select it and either click the View Recipe button or select Show Recipe Card on the Recipes menu (you can also just double-click on the recipe's title). With the Recipe Card open, select Ratings from the Modify Recipe Item... part of the Recipe Card menu.

You will see a scrolling list of the Ratings that currently apply to the recipe. You can:

- Add new Ratings to the list by clicking the Pick Rating button and selecting from the popup menu that results.
- Change the value of a Rating in the list by clicking with the mouse on the "ruler" on the Rating scale (or checking/unchecking the check box, if the Rating is in check-box format).
- Remove a Rating by first selecting it (by clicking farther away from the "ruler"), then hitting the Delete key or selecting Clear from the Edit menu.
- Save your changes to the Ratings, if you wish, by clicking the OK button. You can undo your changes by clicking on the Revert button.